

# **CAFÉ BREAKFAST** (Everyday - 7am to 11 am)

## WHAT'S THE STORY...

breakfast pastries V daily selection

# bagel 6.75 V

with cream cheese V with smoked salmon, capers & red onion ....**15.75** NF

**yogurt & seasonal fruit** 14 V,GF, NF gluten free/nut free granola, honey

# **Superfood Smoothies**

12 ea Vg, GF,NF

maqui superfruit

banana, sacha-inchi protein, apple, coconut milk, maqui berry, blueberry, lemon, cauliflower

## tropical green

pineapple, mango, coconut milk, sacha-inchi protein, carrot, lemon, wheatgrass, spinach

#### bold cocao

banana, coconut milk, sacha-inchi protein, lucuma, dutch cacao, coconut water, carrot

## apple spice

sacha-inchi protein, apple, coconut milk, banana, lucuma, coconut water, ceylon cinnamon, carrot, sweet potato

#### mango sunrise

mango, coconut milk, sacha-inchi protein, banana, orange, carrot, coconut water, turmeric

#### berry banana

strawberry, banana, coconut milk, sacha-inchi protein, lucuma, beet, lemon

## JUICE

natalie's fresh squeezed juices (16 oz) 7.5 Vg

# ...MORNING GLORY

breakfast burrito \* 22 NF

sunny side egg, fried potatoes, chorizo jack cheese, sour cream, smashed avocado *salsa roja & salsa verde* 

## johnny cakes 18 NF

corn meal pancakes, vanilla butter hickory syrup, turkey sausage links make it blueberry pancakes.... add 2

## avocado croast \* 14 NF

smashed avocado, poached egg, arugula, aged manchego cheese on croissant add smoked salmon *... add 10* 

BPM croissant sandwich \* 14 NF 1 egg, country ham & cheddar

on toasted croissant

all american breakfast \* 21 NF 2 eggs, hash brown, turkey sausage links -or- bacon, toast

**appalachian breakfast\*** 21 NF nora mills white grits, pan fried country ham, fried eggs, red eye gravy, buttermilk biscuit

## **ON THE SIDE**

bacon, or turkey sausage hash brown or buttered grits toast or biscuits butter & jam 8 NF, GF, DF 5 NF, V 4 NF, V

V= ovo, lacto Vg=100% plant based GF=Gluten free DF = Dairy free NF=Nut Free Please inform your server of all allergens, and we will do our best to accommodate

\*Consuming raw or undercooked foods such as meat poultry, seafood, shellfish, and eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

At BPM, a 20% service charge is included to every check. 18% is an automatic gratuity that goes directly to the service team and 2% contributes to our team's fair compensation and benefits. We are here to ensure your experience is exceptional, so please feel free to reach out to our management team with any questions — your support means the world to us!